

President: Chris Campidilli,

1965 230th Street. Humboldt, IA 50548

(515) 332-2298 E-mail:

President's Message

WELL...did you all celebrate the start of 2019? Did you hibernate those cold January days? Did you give a Valentine to someone special on Valentine's Day? And, are you ready for March Madness? Above all we hope spring is just around the corner. **MARCH NEWSLETTER:**

Hope you enjoy the March

ccampidilli@hotmail.com Edition and welcome Toni Hood, our new IRSPA Newsletter Editor. (Toni's picture and bio are included in this issue). GREAT JOB, Toni.

IRSPA: We have a new logo with an oak tree, new letterhead, new membership brochures, 2018-2019 IRSPA Directory, and a much improved IRSPA. org website. Special thanks to our new Public Relations Chair, George Holland and IRSPA TREAS. Bob Swanson who worked with our AMBA Reps. Christopher Gluck, Richard Rowland, & Velocity, through "zoom" conferences. GREAT JOB !

IRSPA EXECUTIVE BOARD: Your IRSPA Executive Board will hold its April 2019 Executive Board Meeting on Wednesday, April 3 at the AARP Office located at 600 East Court Ave., Des Moines. If you have any items you would like addressed, please e-mail them to me by March 22. We will hear Committee Reports, District Coordinators Reports with info on the May District Meetings, more info and review of IRSPA election details...plus MORE.

ELECTION: We will continue to receive nominations for President-Elect, Vice President, and Secretary ... deadline for nominations is April 3. However, no nominations will be accepted from the floor at the Annual Meeting in October. Our IRSPA District Coordinators serve as the Nomination Committee. Ballots will be in the June Newsletter along w/pictures and profiles of all nominees. Ballots are to be mailed by deadline of July 15

IOWA RETIRED SCHOOL PERSONNEL ASSOCIATION

to our Election Chair: Linda Miller, 205 E. Harlan, Mt. Pleasant, IA 52641. Ballots will remain sealed until counted by at least two of the Nomination Committee by August 1. Newly elected officers take office following the Annual Meeting October 3, 2019.

ANNUAL MEETING: October 2 & 3, 2019 @ Denison, lowa...hosted by District 1. The site is the Boulders Conference Center. To facilitate attendance IRSPA will pay for each unit's President (or designee) Wednesday night lodging at the meeting hotel if distance to meeting is greater than 60 miles. Hotel #'s: 712+263-2200 & 712-263-2833. Thanks to all for **THINK SPRING!**

your support.....and:

MARCH 2019

May 2019 DISTRICT MEETINGS:

- District 6 @ Bettendorf May 7 **Hosted by Davenport**

- May 8 District 5 Ottumwa
- May 9 District 4 @ Creston
- May 21 District 1 @ Sioux City **@ Redeemer Lutheran Church** on South Lake Port
- May 22 District 2 @ Fort Dodge **Trinity Methodist Church** 838 N. 25th St.

May 23 - District 3 @ Oelwein

Please Note:

We have several district meetings in May. With that reasoning in mind we are going to delay the June newsletter. Instead of the first part of June, the Newsletter will come out about the 3rd week of June. Thank You, Chris Campidilli

IRSPA Public Relations Report

March 2019 Newsletter

Have you noticed the new IRSPA logo?



This new logo will serve as our organization's singular brand. In the past, there were up to seven different logos used to represent the organization which could be confusing to those wanting information about IRSPA.

The oak tree is one of the most loved trees in the world. The tree signifies strength, leadership, generosity, truthfulness, steadiness and knowledge.

Have you missed your IRSPA State Directory?

The State Directory is now available on the IRSPA website (<u>www.irspa.org</u>) and has been sent to local unit officers with email addresses. With changes in leadership, the construction of the directory took a different turn and we are hoping you like the new format and accessibility. We intend to highlight more about local units other than officer lists. This will allow the directory to be edited throughout the year so the information is current and correct.

Have you navigated our website recently?

Our AMBA partners have worked with the IRSPA Officers and Vilocity to update and upgrade our website. You will find our new logo as well as access to local unit and state events, the state directory, links to member benefits, and membership information. Eventually, you will be able to make your membership renewal and registration for the annual state meeting through the website. There will be a link to download resources created by the state organization for use in local units.

Continuing Outreach

The Public Relations Committee will be re-energizing itself with new opportunities and challenges. We will continue working with Iowa AARP to offer Pre-Retirement Seminars throughout the state aligned with IPERS Individual Counseling events.

We are considering a visual presence at other state organizations such as School Administrators of Iowa (SAI) and Iowa Association of School Boards (IASB). Both organizations represent school personnel who can be members of our organization.

We are planning to conduct After School Pre-Retirement Seminars in local school buildings. In partnership with AMBA, Iowa AARP, and IPERS, we will share information about IRSPA and its benefits to those school personnel currently working as well as those planning to retire.

Your input is greatly appreciated. If you have information to enhance our website or any of our outreach activities, contact George Wm. Holland, Public Relations Chair.

IRSPA SENDS ITS SINCERE CONDOLENCES TO OUR FORMER DISTRICT 5 COORDINATOR, Lyle Stirling,

IN THE LOSS OF HIS SON, Thomas Stirling OF WARSAW, INDIANA.



THOMAS STIRLING PASSED AWAY DECEM-BER 23, 2018. THOMAS WAS A FORMER TEACHER AND CURRENTLY A MUSICAL SUPERVISOR AT WAGON WHEEL MUSIC THEATRE AND CONDUCTOR OF THE SYM-PHONY OF THE LAKES... BOTH OF WAR-SAW INDIANA. WE SEND OUR DEEPEST SYMPATHY IN YOUR LOSS...IN THOUGHTS AND PRAYERS.

Your IRSPA Friends.

IRSPA OFFICERS

President:

Chris Campidilli, 1965 230th Street, Humboldt, IA 50548 (515) 332-2298 - <u>ccampidilli@hotmail.com</u>

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Past President:

Dawn C. Rogers, 3703 Rohret Road, Iowa City, IA 52246 (319) 339-0050 - <u>dawncrogers@icloud.com</u>

SAVE THE DATES

To all IRSPA members in the following units: Big Four Unit, Boone County Unit, Humboldt Area Unit, Carroll-Greene County Unit, Marshall County Unit, Mason City Area Unit, Scenic City Area Unit & Webster County Unit

YOU ARE INVITED TO ATTEND THE DISTRICT 2 SPRING MEETING

When: Wednesday, May 22, 2019 Where: Trinity United Methodist Church in Fort Dodge Hosted by: Webster County Unit Time: Registration at 9:00 AM-No registration fees!

Your unit president will have additional information re: deadline

Humboldt Area Unit of IRSPA Spring Meeting dates are Tuesday, April 9 and May 14 at the Congregational UCC of Humboldt, 111 N Taft Street at 10:00 AM.



Membership Benefits

- Home Health Care Insurance
- Long Term Care Insurance
- Medical Air Services Association (MASA)
- Cancer, Heart, Stroke & Accident Insurance
- Annuity

- Dental and Vision Plans
- Term Life Insurance
- Medicare Supplement Plans
- Final Expense Whole Life & Guaranteed Acceptance Life Insurance
- LaQuinta Inn and Suites Discount
- Rental Car Discounts (Avis, Budget and Hertz)
- Road Scholar
- Cruises & Vacation Benefits
- Orlando Employee Discounts
- myAMBAdining.com
- 1-800-FLOWERS
- APPLE 1-800-my-apple / Code: AMBA
- Dell Computer Discounts
- Nationwide Pet Insurance
 - Contact Person for insurances & benefits Paul Strid (708) 347-7081

Contact Person for Delta Dental and Vision

Katherine Daniels (800) 258-7041 ext. 6387



Hello, I'm Toni Hood and I'm pleased to be the new IRSPA newsletter editor!

In 2013, I retired from teaching English, Psychology, Speech, and Reading at Fort Dodge Senior High. My career also involved teaching as an adjunct for Iowa Central Community College and Buena Vista University. In addition to substitute teaching, I help maintain the landscaping at two of Humboldt's parks and I am on the board of the Humboldt County Humane Society. During my leisure hours, I enjoy reading, gardening, playing bridge, and golfing. I look forward to meeting all of you.

> CONTACT ME AT: Toni Hood Address: 1006 6th Ave. N., Humboldt IA. 50548 Telephone: 515-332-5819 E-mail: tonihood@q.com

District 1 Crawford County August Meeting

Crawford County IRSPA Members heard about the History of The Story of Sadako Sasaki



The regular meeting of the Crawford

County Retired School Personnel Association was held on August 24, 2018 at Cronk's Café at 1:00 p.m.

President Judy Jepsen welcomed the members. After the prayer we enjoyed our "picnic" lunch served by Cronk's. After lunch, president Judy, presented an interesting program on The Story of Sadako Sasaki.

President Judy then called the meeting to order. We said the Pledge of Allegiance. Roll call was then answered by 18 members. The response was to tell a time that you were naughty in school. The minutes from the last meeting were read and the Treasurer's report was given. Both were approved. The town reports were given and the volunteer clipboard was passed around.

For the unfinished business Judy announced that our club had won an award from the State Organization for achieving our membership goal plus 2 last year. Barb continued to collect dues for the upcoming year.

For new business Judy again reminded us about the state meeting taking place on Oct. 3-4 in Iowa City. We then signed up for the hostess duties for the upcoming year.

Judy thanked Jane Gronau, Sandi Sharp, and herself for taking care of today's committee obligations. The next meeting will be October 26, 2018 with Cyndi McGrane, Connie Volkmann, and Judy Evers as hostesses. The meeting was then adjourned.

Rhonda Christensen, Secretary



District 1 Crawford County October Meeting



In October Meeting, local IRSPA members evaluate 2018 State Meeting and Look Toward Hosting State Meeting in 2019

The regular meeting of the Crawford County Retired School Personnel Association was held on October 26, 2018 at Cronk's Café at 1:00 p.m.

President Judy Jepsen welcomed the members. After the prayer, we enjoyed our lunch served by Cronk's. After lunch, Heather Johnson Langenfeld, Megan Schroeder, and Myrna Velazquez from the Denison Elementary School presented a program that they have implemented this year in their curriculum. It is the Dual Language program started in KIndergarten and First Grade.

President Judy then called the meeting to order. We said the Pledge of Allegiance. Roll call was then answered by 20 members. The response was to name your favorite Halloween candy as a child. The minutes from the last meeting were read and the Treasurer's report was given. Barb reported she had paid Betty Nobiling \$25 for creating the yearly booklet. She also had sent a \$20 memorial for Anita Hammer to the Zion Lutheran School library. The state dues for 28 members had been sent in as the year begins in December and ends in October. Both reports were approved. The town reports were given and the volunteer clipboard was passed around.

For the unfinished business Judy reported that our volunteer hours she had sent in were 1,340 for youth work and 1,687 for community work.

For new business Judy announced that the state meeting on Oct. 2-3, 2019 will be hosted by our club. She told the members it would take all of us to make this a success. She said we were open to all suggestions. There was also a short recap of the state meeting that was held in Iowa City.

Judy thanked Cyndi McGrane, Connie Volkmann, and Judy Evers for taking care of today's committee obligations. The next meeting will be December 14 with Joyce Petersen, Karen Wood, and Marilyn Jepsen as hostesses. The meeting was then adjourned.

District 1 Crawford County December Meeting

In December Meeting, Local IRSPA members hear about the RSVP program

The regular meeting of the Crawford County Retired School Personnel Association was held on December 14, 2018 at Cronk's Café at 1:00 p.m.

President Judy Jepsen welcomed the members. After the prayer we enjoyed our lunch served by Cronk's. After lunch, our guest Stacey Boyens, presented a program on the RSVP program. It is a program where Seniors can help at the elementary school level with certain speech and writing programs.

President Judy then called the meeting to order. We said the Pledge of Allegiance. Roll call was then answered by 16 members. The response was to tell what you would buy yourself for Christmas. The minutes from the last meeting were read and the Treasurer's report was given. Both reports were approved. The town reports were given and the volunteer clipboard was passed around.

For the unfinished business Judy reminded everyone to keep track of their volunteer hours, and Barb asked if anyone had a different contact number.

For new business we decided to hold a planning meeting for anyone that wanted to attend to begin making plans for the State Convention that we will be hosting in Oct. This will be held on Jan. 5 at noon at Cronk's.

Judy thanked Marilyn Jepsen, Karen Wood, and Joyce Petersen for taking care of today's committee obligations.

The next meeting will be February 22, 2019 with Jinny Rasmussen, Sandi Sharp and Barb Songer as hostesses. The meeting was then adjourned.

> Rhonda Christensen, Secretary

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District 2 WEBSTER COUNTY

We met on October 1st at St. Paul Lutheran Church. We had a

new member today, Cheryl Griffith.

The Scholarship committee has reached their goal.

Door prizes of a free meal went to Larry Mitchell and Becky Nelson Reilly.

The book committee has 2,400 books and are giving out 700 books.

Pastor Henderson gave the prayer before our meal. Children from St. Paul's Lutheran School sang some songs while we ate our meal.

Our program was Pastor Henderson who talked and displayed some of his 400 oil can collection. It was a very interesting program.

Our next meeting will be December 3rd at Trinity United Methodist Church.

Submitted by Bonnie Rhodes



May your troubles be less and your blessings be more And nothing but happiness come through your door

District 2 WEBSTER COUNTY IRSPA



We met December 3rd at Trinity United Methodist Church.

Students from the Senior High School A'Capella choir sang selections from their All State pieces while we ate our meal.

Door prizes of a free meal went to Diane Mc-Cullough and Leslie Reetz.

Phil Testloff, representative to the IPERS Committee, furnished us with information about any changes to IPERS.

A question and answer session was held.

Gary Astor took food items to the Food Pantry.

Our next meeting will be March 4th at Friendship Haven. Our program will be on the Paula Baber Hospice House.



District 4 CLARK COUNTY IRSPA

Clarke Area Retired School Personnel Association has nine meetings through the

year with Dec., Jan., and Feb. being the months of no meetings. The meetings are held the 2nd Monday of the month at the Senior Center at approximately 9:00 AM for coffee, and the Program starting at 9:30 followed by the Business Meeting.

Venita Escher, District Coordinator and Pres. Linda Foland the State meeting in Iowa City held Oct. 3-4,2018. They enjoyed one of the tours before the special buffet dinner with the after dinner entertainment by the U. of Ia. Music Dept. steel drum ensemble which was great!! Thursday had several good sessions to select from before lunch followed by the informative business meeting.

The new programs started in October with the October program being Sharon McKee telling about her experiences as a midwife for the Amish. She had quite the interesting experiences! In November, Barry Mateer told of his many experiences as a teacher in Japan as he was there 29 years after he had been in the Peace Corps in Nepal after college.

There are many interesting programs for the coming year -starting in March, such as (1)A local fellow who has started a Radio Station; (2) A local gal who is a photographer; (3) A local Conservation person who teaches classes in Beekeeping; (4) A local lady who makes and sells wreaths and other crafts; (5) A local lady who teaches an adult reading program at Drake University; (6) A local fellow Nurse who inform the audience about flu vaccinations etc.; and (7) A local couple who make stained glass designs for various people and organizations.

CARSPA is a small group and it is hoped that new members can be gained in 2019, as the group is getting older with only a few people able to hold office.

President Linda Foland

District 5 JASPER COUNTY RSPA

November 27, 2018 First Presbyterian Church-Newton

Our guest speaker, Wes Breckenridge, spoke to our group before our noon luncheon. Wes serves as lowa's representative in the State House for district 29. He was re-elected in November 2018 to a second



term in the Iowa House of Representatives. He reported that the election in November gained the Democratic party 5 seats in the Iowa House.

He talked about various issues which the Legislature will work on in the next session beginning in January of 2019. He said that IPERS would be a topic, possible moving towards privatization of the program. However, he said that the Speaker of the House, Linda Upmeyer and Governor Kim Reynolds both have said that IPERS won't change. He said that under this session's budget concerns education would be discussed and the legislators need to be good stewards of tax payer dollars. He said legislators would be evaluating changes to lowa's mental health system, specifically putting something in place for children. He said there are 6 centers throughout the state and that they need to work to see that figure out funding so that services already in place aren't hurt.

Wes told the group that 85-90% of legislation is bi-partisan on the little stuff, but not on big ticket items. He stated that because politics have gone to personal attacks progress is impeded. He told the group, "Pay attention and be vocal." The best way to do this is to send a personal e-mail.

Sharon Bergeson, Secretary

Q: Why should you never iron a 4-leaf clover?

A: You don't want to press your luck.



District 5 DAVIS COUNTY

The Davis County Retired School Personnel met November 13 at the Bloomfield Public Library with 18 members present. A Subway lunch was enjoyed.

Food trays were assembled and delivered to locations in celebration of National Education Week.

We heard legislative updates and received information about The Society of St. Andrew – Gleaming America's Fields – Feeding America's Hungry. It was decided to sponsor a float in the Lighted Christmas Parade on December 8. Anyone willing to help please contact Lynn Shumate. The group will also participate in ICare.

Our program was presented by Anita Shockley about all the new programs and activities happening at the Bloomfield Public Library. Call the Library to get involved.

Our next meeting will be December 4 at The Bloomfield United Methodist Church at 11:30. We will have a soup luncheon with a free will offering. The December program will be provided by The Davis County High School Choral Department. All retired school personnel please join us at our monthly meetings.

by Becky Shively, Public Relations

District 5 DAVIS COUNTY - December

Davis County Retired School Personnel met Tuesday, December 4 at The Bloomfield United Methodist Church. 20 members were present and enjoyed a soup luncheon provided by the officers.



Our program was provided by an ensemble from Davis County High School Band under the direction of Jeff Cook. They entertained us with Christmas selections.

Members interested in purchasing a t-shirt please contact Lyle Stirling.

The next meet will be Tuesday, March 5, 2019 at 11:30 am in Conference Room D at Davis County Hospital. The program will be China Painting by Jeani Leyda. by Becky Shively, Public Relations

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The Lee County Retired School Personnel Association started the 2018-2019 year with a luncheon meeting on September 5 at the Pilot Grove Community Room in Donnellson, Iowa. The program was a power point program "100 places you might have been" by Howard Carter. Members were asked to identify the places they had been with a prize for the one with the most with Jim Merritt having 80. There were 35 in attendance including 3 new members. After committee reports the members were reminded of the State meeting to be held in Iowa City on October 3th. After close of the meeting the auction was held for the Scholarship Fund.

The October, meeting was held at the United Methodist Church, in Montrose, Iowa with a very interesting program on Iowa Prison Industries presented by Laurie Wardlow about the work at the Prison Farm just outside Montrose. Besides the work at the farm she shared some of the programs throughout the state from the other institutions and what they did working with the prisoners. Legislative committee encouraged everyone to get informed and to vote in the upcoming election. A very successful auction was held with over \$200.00 raised for the scholarship fund.

The LCRSPA returned to the Congregational UCC Church after several years absent with the special Thanksgivings Meal provided by the Church Sunday School Class. There were 50 members and guests attending this meeting. The Program "Forensic Genealogy" was presented by Donna Netherton who has been involved in looking for missing persons using genealogy. She works with an organization out of San Diego, California and says that sometimes it's like a jig saw puzzle to get the information needed to locate some of the individuals. She stated the cases that are 50 years old or older are the easiest to locate. This year she has worked with 14 cases and each will cost around \$200.00 with no time limits, however murder cases are more pressed to be solved. After reports from the committees the meeting was closed. The auction was held with many items donated which raised over \$300.00 for the scholarship fund.

After the winter break the LCRSPA will meet again in March with a program by Keokuk High School Vocal Music Department to be held at the Trinity Methodist Church in Keokuk. April's meeting in Fort Madison at the United Methodist Church with a program presented by David Barrett on" A Tour of Israel". May's program will be at the 1st Christian Church, Disciples of Christ in Fort Madison with the program being "May Basket Day" with Jamie. And the final meeting for the 2018-2019 will be held at the St Paul United Church of Christ in Donnellson on June 5th with our semi-annual "Necrology Service" and the election of officers for next year. The executive committee will met during the Summer to plan for 2019-2020.

By Howard Carter

District 6 JEFFERSON COUNTY

2018 ended pleasantly for Jefferson County retirees with a tasty meal accompanied by beautiful music provided by some talented students from Fairfield High School under the leadership of Jim Edgeton, head of the district music department. The music included both vocal and instrumental selections performed by some of Fairfield's best students. Our newest member, Diane Goudy, was delighted to see some of her former students perform.

The business meeting was short with a few committee reports, no new business, and the usual reminder to remember to keep track of volunteer hours.

2019 did NOT start so pleasantly; in fact, it didn't get started at all. Because of bad weather, the first meeting of the year, which would have been the fourth Wednesday of January was postponed until the fifth Wednesday of January, which turned out to be the day the Post Office stopped mail delivery in Iowa and most schools shut down because the forces of nature got lost and thought our state was northern Alaska. The members of the Jefferson County Unit decided to stay inside, stay warm, and maybe say a short prayer for our President Judith McDonough, who has livestock that needs daily care.

A political note of interest to senior citizens: The annual AARP Lobby Day will be on February 19. The AARP, which was founded by the same educator who founded the National Retired School Personnel Association, is lobbying for the passage of the lowa Care Act, which is aimed at improving instructions given to family members and other caretakers when a patient is released from a hospital. Some hospitals already do this very well, but others do not, and it is not required that they do so. Two members of the Jefferson County Unit plan to go to Des Moines that day to join the lobbying group. Michele Weber, secretary



District 6 DAVENPORT AREA UNIT

Members of IRSPA'S Davenport Area unit met on November 13. All veterans present were honored with applause and thanked for their service. Then, all those with a veteran in their family were also invited to stand. Pride and gratitude filled the room as so many rose from their chairs. Following the business meeting, we were entertained by the CASI (Center for Active Seniors in Iowa) Bob Gaston New Horizon Band. Musical memories of World War II, patriotic tunes, and marches set feet to tapping!

It really was looking and sounding a lot like Christmas when we gathered for our regular meeting on December 11. As the business meeting concluded, we welcomed the Quad Cities Ukulele Club for a wide variety of seasonal tunes. Any preconceived notions of ukulele music were set aside as the musicians showed the many sounds ukuleles are capable of producing. Tickets were then drawn for "gently used" gifts donated by DARSPA members. This final meeting of 2018 created an abundance of smiles and happy hearts!

We are looking forward to greeting District 6 members for the spring meeting on Tuesday, May 7, 2019, at the Mississippi Bend AEA, 729 – 21 st Street, in Bettendorf!

Linda Baustian, Secretary



NOTICE TO ALL IRSPA OFFICERS and interested parties:

PLEASE Be sure your news for ANY upcoming newsletters is sent to Toni Hood the new IRSPA NEWSLETTER EDITOR.

> Toni Hood Address: 1006 6th Ave. N., Humboldt IA. 50548 Telephone: 515-332-5819 E-mail: tonihood@q.com

Any questions, please direct to me ccampidilli@hotmail.com HAVE A WONDERFUL DAY!

P.S. I AM VERY HAPPY TO HAVE HER ON BOARD WITH IRSPA.



Articles for the JUNE newsletter are due no later than FRIDAY, MAY 17, 2019

Get info to Toni Hood, at E-mail: tonihood@q.com or mail to: 1006 6th Ave. N, Humboldt, IA 50548 Home Telephone: 515-332-5819 Cell Phone: 515-269-3823

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Dear AMBA,

Recently, a very dear friend of mine was diagnosed with internal cancer. Being extremely responsible, the first thing she did was to obtain a second opinion only to find out her insurance does not cover a second opinion. She spent a lot of time researching where the closest, best cancer treatment center was to receive the best possible treatment. To get the best possible treatment for her situation, she would be taking on travel and hotel costs to a center over 300 miles away.

She went through chemotherapy at the best treatment center. She lost her hair and has spent over \$900 on wigs. She also incurred a great deal of travel and lodging expenses.

I know we all have insurance to cover the medical costs but it is overwhelming the out of pocket, non-medical costs involved with critical illnesses. What can be done? Sincerely, Nervous Nelly

Dear Nervous:

One in two men risk developing cancer and one in three women in their lifetime. There are many expenses involved and not covered by medical insurance. Experimental drugs (not yet approved by the FDA), deductibles and copays, renovations to your home, and the list goes on of uncovered expenses.

Your concerns are real and the best solution is to look into a critical illness supplemental insurance plan. These affordable polices will pay you anywhere from \$5000 to \$100,000 upon first diagnosis of internal cancer or heart attack or stroke. This money is tax exempt and can be used for the non-medical costs involved with cancer and heart disease, protecting you from medical bankruptcy.

Contact an AMBA representative to learn about ways you can plan to prevent being faced with unwanted and unexpected medical expenses.

Respectfully, AMBA

For more information about AMBA benefits provided through your IRSPA membership, contact:

Paul Strid AMBA District Manager (IA, IL, WI) 20203 S. Pine Hill Road, Frankfort, IL 60423 708.347.7081 cell • paul.strid@amba.info

William Hook, Iowa AMBA 203 Sunrise Terrace, Waverly, IA 50677 515.291.0505 • hookagencyllc@yahoo.com hookagencyllc@gmail.com

Volunteer Hours

As your State IRSPA Supportive Services Coordinators, we ask that members keep track and write down their volunteer hours. Members can do this weekly or monthly by recording them on a calendar or making a note of the hours in a notebook and putting them with your local association booklet. Our volunteer hours year begins on September 1 and continues through August. Your hours are to be divided into two categories: Youth and Education and Community.

Any time a member works for no pay or no reimbursement, they should keep track of that time. Examples of YOUTH and EDUCATION are: working in and with public or private schools, Boy or Girl Scouts, 4-H, baby sitting your grandchildren or other kids. You may also count the time it takes you to drive to and from the baby sitting work. Youth programs, working with speech and drama students, being an aide during testing, assisting in music with youth, spelling bees, Kids Against Hunger Program, Dollars for Scholars work, Child Development Centers, Children's Shelters, GED programs, testing sites, Scholarship Committees, etc, all count.

All other volunteer work should fall under COM-MUNITY, when dealing expressly with non-student age. Those examples are: volunteering at libraries, museums, churches, church committees, community centers, Senior Citizen's Centers, fundraisers, parks, recreational areas, hospitals, Community Kitchens, Food Banks, Hospice Facilities, Nature Centers, Chamber of Commerce, Health Centers, local historical sites, fairs, theaters, cemetery, Genealogical Society, Opera Houses, Meals on Wheels, Soup Kitchens, Church mission work, Legion work, Grant Writing, assisting the Elderly, Humane Society, planting flower areas. You may volunteer at organizations such as AARP. ELKS, NRTA, NAACP, Delta Kappa, Lions and others. Providing rides to appointments, helping at nursing homes, assisted living, family care giving, SHIP, Elder Affairs, tax and legal assistant work, rehab. centers, Recovery Therapy, visiting shut-ins, American Legion, VFW and other service organizations all count.

Thank you for the time you spend volunteering.

Sandy & Jay Thede Supportive Services IRSPA

HAPPY NEW YEAR TO ALL OUR MEMBERS AND FRIENDS.

The legislative session has begun. At this time I have not heard of proposed changes to IPERS. The following information is from the National Institute on Retirement Security report "Pensionomics 2018, January 8,2018.

In 2016 125,443 lowa residents received a total of \$2.2 b in pension benefits from public pension plans. The average pension received was \$1,488 per month or \$17,855 per year. Retiree expenditures from public pension plan benefits supported 21,556 jobs in the state and \$915.5m in wages and salaries. The retirees' expenditures supported \$3.3b in total economic output in the state and \$1.7b in value added in the state. The reported pension benefits generated revenue of \$295.8m in federal taxes and \$260.0 in state taxes. Each dollar paid out in pension benefits supported \$1.48 in total economic activity in lowa. Also, each dollar contributed by taxpayers to lowa pensions over 30 years supported \$7.07 in total economic activities in the state.

Market Watch, 10/30/18 reported that 91% of workers in their 50's don't have a pension (plan) and 46% of this group don't have a pension plan at work.

Consider the implications of a lack of pension benefits (income) for a large group of workers when they no longer work. How might this impact the state as well as county and city when collecting taxes to support public services? Also, the many businesses in the state need that income. IRSPA supports a strong public pension plan (IPERS) and pension plans for other workers. A lack of retirement income for lowa residents represents lower economic activity in our state.

Please remain active in staying abreast of news about IPERS. I urge each of you to speak with your representative and senator in support of IPERS.

Phil Tetzloff

Please Note: Just an FYI.... JUNE NEWSLETTER WILL BE SENT OUT AROUND THE MIDDLE PART OF JUNE... SO YOU SHOULD HAVE BY THE THIRD WEEK OF JUNE.

CALENDAR OF EVENTS 2019

April 3, 2019 Executive Board Meeting Iowa AARP Office Des Moines, Iowa

May 7, 2019 District 6 Meeting Bettendorf, IA

May 8, 2019 District 5 Meeting, Ottumwa, IA

May 9, 2019 District 4 Meeting Creston, IA

May 21, 2019 District 1 Meeting Sioux City, IA

May 22, 2019 District 2 Meeting Fort Dodge, IA

May 23, 2019 District 3 Meeting Oelwein, IA

August 2019 Budget & Finance Committee Meeting Executive Committee meets with Lobbyists Des Moines Area

October 2 & 3, 2019 Annual Meeting & Conference Denison, Iowa Executive Board Meeting on October 2, 2019 IRSPA Business Meeting on October 3, 2019

ELECTION YEAR

We will continue to receive nominations for President-Elect, Vice President, and Secretary ... deadline for nominations is April 3. No nominations will be accepted from the floor at the Annual Meeting in October. Our IRSPA District Coordinators serve as the Nomination Committee. Ballots will be in the June Newsletter along w/pictures and profiles of all nominees. Ballots are to be mailed by deadline of July 15 to our Election Chair: Linda Miller, 205 E. Harlan, Mt. Pleasant, IA 52641. Ballots will remain sealed until counted by at least two of the Nomination Committee by August 1. Newly elected officers take office following the Annual Meeting October 3, 2019.

Newsletter Iowa Retired School Personnel Association 3221 Cheyenne Blvd. Sioux City, IA 51104

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Change Service Requested



<u>Name</u>

WE REMEMBER <u>City</u> Unit

Ashey, William	Clermont, IA	West Union Area Unit
Barnum, Royce	Sioux City, IA	No Unit
Cheeseman, Anna MaeElkader, IA		No Unit
Chute, Richard	Cedar Rapids, IA	Cedar Rapids Area Unit
Cowles, Eldon	Norwalk, IA	Decatur County Unit
Desmond, Marilyn	Cedar Falls, IA	Blackhawk County Unit
Finzen, George	Sioux City, IA	Sioux City Area Unit
Halsor, James D	Cedar Falls, IA	Blackhawk County Unit
Handt, Wilma	Charles City, IA	Big Four Area Unit
Heimbaugh, Nancy	Scottsdale, AZ	DMARSPA
Hunsley, Eleanor	Davenport, IA	Davenport Area Unit
Pagels, Norman	Davenport, IA	Davenport Area Unit
Reed, Olabelle	Waterloo, IA	Blackhawk County Unit
Riessalman, Joseph	Dubuque, IA	Dubuque Area Unit
Siddens, Bob	Cedar Falls, IA	Blackhawk County Unit
Slaats, Donna	Cuba City, WI	Dubuque Area Unit
Soeth, Grace	Spirit Lake, IA	Esterville Area Unit
Struck, Shirley	Davenport, IA	Davenport Area Unit

LEGISLATIVE FUND

Association legislative fund benefits are being accepte Please make your contribut	owa Retired School Personnel I for the improvement of retirement d for the current year (Oct. to Oct.) tions as generous as possible. \$15.00Other	
Street Address		
City		
StateZip		
If Member of Local Unit		
Unit Name	County	
Robert Swanson, IRSP	THER FORM TO: A Treas. • 3221 Cheyenne Blvd., Make Checks payable to IRSPA	
MEMBERSH	HIP APPLICATION	
lowa Retired Sch Name	nool Personnel Association	
Last	First M.I.	
Street Address		
City		
State	Zip	
If Member of Local Unit		
Unit Name	County	
Appual Duce: \$15	■ LIFE MEMBERSHIP [.] \$300	