



IOWA RETIRED SCHOOL PERSONNEL ASSOCIATION

From the President Jean Hoffman



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As I am writing this, we are in the middle of Iowa's deep freeze. Although it has given us some absolutely beautiful scenery, I am ready for a thaw and warmer weather.

At the state meeting we focused on our founder, Dr. Ethel Percy Andrus, and her many accomplishments. From her motto of "To Serve and Not To Be Served," IRSPA chose the motto "Proud To Serve." How have you chosen to serve? Are you reporting your hours of unreimbursed service to your local unit as volunteer hours? I know many of our members do many, many more hours of volunteer work that goes unreported. Reporting those hours validates our value as senior citizens when legislation is being discussed.

We are looking for someone in District 5 to take up the challenge to serve as the District Coordinator. Jane Beatty has done a great job for the last several years. There are more perks than work when you serve the members of your district on the IRSPA Board. Please contact me at 42teacher@gmail.com or 712-209-1780 if you wish to meet new and wonderful people while serving as a District Coordinator in District 5.

The IRSPA board is gearing up for the spring district meetings and hoping that many of you will plan on attending. It is through these meetings that you learn the perks of IRSPA. Connie Eastman from AARP will be sharing information on Prepare To Care - something very useful as we care for our elderly parents, a spouse, or even something to think about as we age ourselves.

The southern half of the state has their district meetings in early May. On May 2, 2023, we will be in Council

Bluffs for the District 4 meeting. What a way to kick off the district meetings as May 2nd is Teacher Appreciation Day! Jasper County will host the District 5 meeting on May 3rd. On May 4th we will head to Keosauqua for the District 6 meeting.

Following a one week break, we will be visiting with the units in the northern half of the state. On May 16, 2023, the District 1 meeting will be held in Estherville. May 17th the District 2 meeting will be hosted by the Big Four unit in Charles City. We will complete the meetings in West Union on May 18th when they host the District 3 units.

Information with the meeting agenda and meeting place will be sent to unit presidents to share with their members in the near future. It is always a pleasure to travel around Iowa and meet with the members. Please strongly consider having your unit represented at one of these meetings.

The State Meeting and Convention will be hosted by the Union County Unit in Creston on October 4 & 5. Room reservations may be made by calling the Supertel Inn & Conference Center, 800 Laurel Street, Creston, Iowa at 641-782-7873 or emailing supertel-inn800@gmail.com. It is best to call in the evening or early morning for reservations. Reservation deadline is September 1, 2023 and be sure to identify that you are part of IRSPA. The Wednesday evening speaker at the banquet is Linda McCann and her topic is Prisoners of War in Iowa during WWII. Dr. Jill Tussey will talk about Literacy in Education on Thursday.

A problem faced by many units is membership - getting new members and retaining current members as well as filling offices. That very issue was the focus of the AMBA Roundup Barb Bielenberg and I attended in Bastrop, Texas in November. In talking with people from all over the United States, I found that Iowa is not alone in this dilemma. The focus of the meeting was to "know your who" and I found this information very intriguing. Garrett Mowery from AMBA will address the issue of knowing your who at the state meeting on Thursday October 5th.

By Jean Hoffman

District 2

WEBSTER COUNTY Retired School Personnel

The District 2 Webster County Iowa Retired School Personnel met on November 7th at Saint Paul's Lutheran Church. Volunteer hours were discussed; we collected 27 bags of food for the Lord's cupboard. Cheri Maehl is shown here delivering the donations.



As of today we had 24000 volunteer hours. Marsha Johnson needs volunteers for the school house committee.

We still collected scholarship money. Cheri Maehl introduced speaker TJ Pingle who is in charge of Serving our Servants which was established in honor of Pastor Henderson. Some of the organizations they support are the police department, fire department, sheriff's department, the emergency room, nurses and Mid American Energy. They give out

4 scholarships every year They do fundraisers to buy hats for policemen, pay it forward Friday once a year, Webster County Sheriff's K9 unit. A donation bowl was passed around for donations to present to TJ. There are brochures on the table if anyone is interested. Our next meeting will be December 5th at Trinity United Methodist Church.

Webster County Retired School Personnel met December 5th at 12 o'clock at Trinity United Methodist Church. Saint Edmond's Chamber Choir performed Christmas songs while we ate.



Thank you to the kitchen for the excellent food that was served. We have a new vice president, Janet Carlin. The board met and established that the scholarships that we give out are to students attending schools in Webster County, and they do not have to be a resident of Webster County.

Judge Brown was presented with a Quilt of Valor made possible by the Fort Dodge Area Quilters Incorporated. This was in honor of his service in the Vietnam war. Quilt of Valor is a national organization founded in 2003. This organization strives to honor military service members and veterans who have been touched by war



with the cover that brings comfort and healing. So far over 33,300 quilts have been awarded. It was special for all of the unit members to see Judge share his quilt at our December lunch and meeting. Cindy Salvatore was in charge of making

the presentation.

Judge Brown talked about IPERS. The balance was 37 billion.

Cheri Maehl talked about the book committee and we have passed out 800 books so far. They've gone to DSOC, Kemna Auto, Iowa Central Community College Share what you Wear. 700 books went to day care and pre schools. The Kemna Auto Tree of Hope received 325 books.

Our next meeting will be March 6th at Corpus Christi.

District 2

BOONE COUNTY Retired School Personnel

The Boone County Retired School Personnel Association met December 13th at the United Methodist Church in Boone. A delicious lunch was served by the United Methodist Church women. Eighteen members and guests were present.

Following the meal the group carpoled to the Boone High School where the BHS chorale performed a medley of songs for us.

Submitted by Sue Duffee



The Boone High School Chorale performed for the Boone County IRSPA at their December meeting.

**District
2**

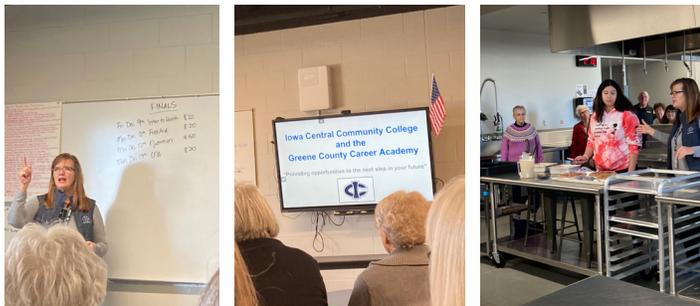
**CARROLL-GREENE
COUNTY**



Carroll-Greene County unit October 2022 meeting

We had a delicious lunch at the newly renovated Centennial restaurant in downtown Jefferson, and then Instructor Teresa Green provided a tour of the Greene County Schools/ Iowa Central Career Academy. Culinary students from the career academy served yummy desserts also.

Submitted by Sandy Kersey



**District
2**

**HARDIN COUNTY
Retired School Personnel**

We meet the first Friday of the months of September thru December and March thru May. Our meetings are held at Edgewood in Iowa Falls at noon. Guests from other districts are invited to join us. You need to make a reservation by the Tuesday preceding the meeting by calling Carolyn Crosser at 641-648-6037.

Our meetings are opened with the Pledge of Allegiance, a patriotic song, and Prayer. Then the ladies of Edgewood Board serve a delicious meal.

We have a program each month. In November was presented by Carol Adams of Eldora. Carol and, husband, Daniel moved to Eldora from Texas to open an art studio. Carol brought many samples of

Daniel's work to share with us. They had spent 17 years at Disney's Magic Kingdom in Florida where Daniel was senior artist. Most of his work involves nature and he worked on several of the large animals at Disney. He uses many different mediums in creating his pictures. They welcome people to visit them at the studio to view their work and to hear the fascinating stories of their travels.

In December Carol Humphrey paid us a return visit which members had requested. Her focus this year was on Germany and the history of many carols originating there. She gave interesting facts and also sang each song. She told a story of Rudolph the Red-Nosed Reindeer and had a copy of the original version to share.

Following programs we have our business meeting. At the most recent meeting we discussed ways to activate our members. We were again reminded to keep track of volunteer hours and discussed how these are used.

We were also very happy to welcome new member, Judy Schafer, of New Providence to our group.

Submitted by Mary Kirkdorffer

**District
2**

BIG
Food
Tables
Seating
Chickadee

Calling all District 2 Units to mark your calendars now for May 17, 2023. Fill up a few vehicles and head to Charles City for the Spring District meeting. Many of you have hosted meetings and you know it takes a lot of planning. Big 4 has been doing just that. It is rewarding to have many people attend after planning what we think will be a great day for everyone!

Hotel Info:
Sleep Inn & Suites 1416 South Grand Ave 641-500-2413
 They have reserved a block of rooms that are either 2 Queen or 1 King. They serve a full breakfast. Price \$90 if reserved at least **one month** in advance.(\$115)

Super 8 1411 South Grand Ave. 641-228-2888 They have blocked 9 rooms double beds or what is requested when members make reservations. Price \$69.88 + tax around 7%.
Breakfast 6-9 Must reserve one month

More details soon via email or snail mail. See you May 17th.

District 4

COUNCIL BLUFFS AREA Retired School Personnel

The Council Bluffs Retired School Personnel Unit of the Iowa Retired School Personnel Association met on October 19, 2022 for a noon luncheon at the Council Bluffs Country Club. Thirty-seven members and three guests were present. We have reached our goal of 55 members with a membership of 58.



Dr. Joel Beyenhof

Our first guest was Superintendent Dr. Joel Beyenhof from Treynor Community School District. He spoke about how the pandemic forced us to educate differently. He challenged us to promote careers in education by telling the positives of why we stayed so many years. The majority in attendance had taught 30 – 40+ years.

Elaine Goodwin shared her inspiring story, "No Hands? No Feet? Look Out World, Here I Come!" Elaine, a retired nurse, shared the timeline of getting sepsis, being in several hospitals, losing her four limbs, living alone at home, going to rehab and how she does everyday tasks, which can take a little longer than normal. Elaine is very positive and shared that everyone has problems, some worse than hers, but her family and faith have gotten her through the difficult times.



Elaine Goodwin

We met again on November 16, 2022 at the Council Bluffs Country Club. Thirty-one members and one guest were present.



Pat Ryan

After our meal Pat Ryan, Principal of St. Alberts Elementary School in Council Bluffs, spoke about how the pandemic has affected our schools. He felt that parents got a new appreciation for teachers, interactions among students suffered, and some gaps in academics and attendance occurred. He thanked us for our years of service and challenged us to volunteer, men-



Music students from St. Paul's Music Conservatory

tor students and teachers, and to speak positively about teaching. Our entertainment for this month was provided by piano students from the Music Conservatory at St. Paul's Evangelical Lutheran Church in Council Bluffs.

We are in recess until March 15, 2023.

Julie Dillehay, Secretary

District 5

DAVIS COUNTY Retired School Personnel Assoc.

Twenty members of Davis County Retired School Personnel met November 1 for our regular monthly meeting in the one room school house on the grounds of The Davis County Historical Society. The school house was originally Center #5 School in Marion Township of Davis County.



We enjoyed a sack lunch and were treated to a presentation by Nancy Clancy about the one room school and how education was delivered to children in grades first through eighth grade.

We also had a brief tour of The Dr. William Findley Home Museum and learned the history of the log cabin located on the grounds.

Rebecca Shively

District 5

JASPER COUNTY Retired School Personnel Assoc.



Our JCRSPA got off to a great start with our first three fall meetings. We started a new 'in-house' fundraiser in September; instead of our usual 50/50 drawings, we changed to a 'Mystery Box' drawing and it was met with tons of enthusiasm and a big boost in netted money. In our quest to be life long learners, we continue to have excellent programs and learn lots from them. To date, we have had the provost from our local community college, (DMAAC) the president of our local Arboretum/Botanical Center and the leader of a volunteer group of local people who work with and support the homeless in our community come to our meetings.

They all have enlightened us and given us ideas of ways we can help. Like all of the rest of us we struggle with membership and money! To that end, we are thrilled to report we have boosted our membership by nearly a dozen members and we continue to be amazed at how many hours of volunteer time we 'rack up'! We are committed to giving scholarship money (in alphabetical order) to a different school in our county each year. We are looking forward to serving as hosts to the IRSPA DISTRICT 5 MEETING on May 3, 2023 and to our remaining three meetings in the spring. We would be remiss if we didn't say we are also looking forward to HAVING FUN, and enjoying each other's company. We have a strictly social gathering coming up in February! Cheers to 2023 from all of us in Jasper County!

Denise Bontrager and Lana Wohlers
Co-presidents

Website: www.irspa.org

District 6

LEE COUNTY IRSPA

Members of Lee County Retired School Personnel recently met in Denmark at the Congregational United Church. Ladies of the church served a delicious traditional Thanksgiving meal to attendees. "To Ukraine from Iowa with Love" was the title of the program presented by David Roth. After the Russian invasion of Ukraine February 2022 Roth befriended an individual on Facebook from Ukraine. The friend shared that their personal safety was threatened, there was a lack of consistent utilities, and a scarcity of food as the result of Russia's invasion. Subsequently, 7.7 million refugees left the country. Upon their arrival to other countries, they were faced with many challenges; such as, language barriers, lack of housing, lack of personal items, and funds to provide for themselves and their family.



David Roth

Roth spearheaded a fund-raising event in June of this year at the Lee County Fair Grounds. Free advertising was provided by the local newspapers and radio stations. The concert featured six area bands and a number of well-known musicians including Kirk Brandenberger, Rex Garrett, Craig Moore and Dennis Albee. At the end of the event \$20,000 had been raised. The money was sent to the Global Ministeries Church in Hungry who distribute the money to refugees. Currently the Keokuk Refugee



Coalition is sponsoring Ukrainians in Keokuk. A pastor in Hamilton, Illinois is also hosting a couple from the country.

At the end of the event Roth and Brandenberger played several mu-

sical numbers for the members.

Jill Anderson-Cox

**District
6**

**JEFFERSON COUNTY
IRSPA**

Are you looking for a place that needs volunteers? We found one in Fairfield—the Carnegie Museum, which is located in the old Fairfield Library, the first library in the state to get its funds from guess whom! (Hint: First name starts with an A.) Besides the fascinating displays, there’s a whole room filled with filing cabinets full of newspapers, posters, old records, and so on with a table for volunteers to cut up and/or organize for more displays. Much of this comes from a local clean-up after someone clears out an old family home, barn, garage, or business.

The director of the library is Mark Shafer, a retired teacher from the Fairfield Community School district, who does presentations for both adults and children. He directed members of our group to displays of special interest.

One display case included an old picture and a modern poster of the old light tower in Fairfield. The bulbs came directly to Fairfield from their inventor, Thomas Edison, and had to be changed every day because they burned out so quickly. It was a long climb up! This display was in a case with a bunch of stuffed birds, representing all the different species that had been killed every night after being drawn to the light. People know about this today because a local lady at the time went out every morning to chase away the cats, scoop up the dead birds to bury, and to tally the number of each type of bird she found in her diary.

For more information on this museum, check out <https://jeffersoncountyheritage.org/carnegie-museum/contact-carnegie-museum/>

However, if you do not live in or near Jefferson County, perhaps you may want to visit your own area museum, which probably needs some more volunteers, also.



Mark Shafer in the area where he does his presentations at the museum.

Michele Weber, secretary

**District
6**

**JEFFERSON COUNTY
IRSPA**

The Jefferson County Unit of IRSPA met at Riverside Cafe in Fairfield for a luncheon meeting in January, and this report covers two items that may be of interest to IRSPA members in other parts of Iowa.

The first item came from our guest speaker, Susan Frey, the director and only paid employee, at the local Lord’s Cupboard. Ms. Frey provided information on the local needs for food, the facilities at Fairfield’s Lord’s Cupboard, how local businesses and organizations are helping,



Susan Frey, the guest speaker in Fairfield, told members there were a lot of jobs for volunteers at the local Lord’s Cupboard.

and what further help is needed. Note that she is the only PAID employee, so it takes more than 20 volunteers to get the work done at the Cupboard in this town. If members are looking for a way to contribute—and get volunteer hours—here’s a way, which, unfortunately, can be found in almost all areas of the state.

The second item of general interest was in the health report that came from Consumer Reports, which compared the water in bottled water to water from local communities. Their research came up with an interesting fact. Most of the bottled water came from the local water plant of whatever company produced it with some additional processing before bottling it. Example: one popular brand got its water from Detroit. So one could ask is, “Do I want to drink water from Des Moines or water from Detroit?”

By Michele Weber, secretary

www.irspa.org
Check it out!

District 6

JOHNSON COUNTY IRSPA

Johnson County started the school year off right with a social event at the University of Iowa's new Stanley Art Museum. If you were able to attend District 6 convention, you heard all about the Museum's delayed projects caused by the flood of 2008. Director of the Museum, Lauren Lessing, gave an excellent presentation. The Museum is worth a visit to Iowa City. We lunched at the Encounter, close to the Museum, with good food and a middle of the day "chew and chat."



JCRSPA Visit The Stanley Museum and Stand In Front Of The Jackson Pollock "Mural" 8/22

In September we visited the Sawmill in Clinton. The



JCRSPA VISIT THE SAWMILL MUSEUM IN CLINTON, IA
Mike Peterson, Jon Noel, John Hieronymus, Nancy Porter, Elane Tarnutzer, Kathy Wyatt-Haynes, Beth Hieronymus, Fred Stark, Dave Ulrick



Candlelight Inn Along The Mississippi River: Facial View Of Elaine Tarnutzer, Beth And John Hieronymus, Fred Stark, Jon Noel, Mike Peterson

cities along the Mississippi were major in bringing lumber to Iowans for building materials. For a period of time sawmills were powerful economic businesses which put many a man to work and created a fortune for the owners, until we used up the Minnesota forests. One of the sawmills that still exists as a museum is in Clinton. Three cars full of members visited the museum and learned a lot. (There is always fun to be had among Retired Educators!) After the visit to the museum, we dined at the Candlelight Inn overlooking the

Mississippi River in a very picturesque spot in Clinton.

In December, we were back at our favorite place—the Marriott. Mary Mascher organized a quartet of future and present educators from the University of Iowa Music Education Department. Listening to Christmas songs with a tree in the background and then lunching together was a perfect seasonal party.



JCRSPA enjoy music for the holidays presented by U of I music education students at the Marriott win December.

We are happy to announce our regular meetings are finally back at the Senior Center. We had a presentation from Maura Pilcher who informed us about Grant Wood and the Grant Wood Art Colony on Burlington and on Court Street in Iowa City. These are houses that Grant Wood utilized to create art and house students he mentored. The three houses have been renovated, and are being used by the U of I today to accommodate art students, a tremendous help to their expenses. Look for the green fences surrounding the three houses on Burlington. The original Grant Wood home is the large brick house on Court Street; it is currently privately owned but willed to the University of Iowa.

Houses to Homes is a venture two women, Salin McCarty and Lucy Baker, began by helping those in need in Johnson County set up housekeeping. They collect, sort and pass out all sorts of furniture and household items to people in crisis situations trying to establish a residence. They are glad to recycle gently used items. LaDonna and Gary Wicklund recognized some of their donations in the video presentation. This program is another opportunity for volunteer hours.

In January, we had a presentation from Steve Merkel-Hess on international volunteer and teaching opportunities. Steve is one of our "retired teachers." Contact him for information on teaching abroad, stmerk@gmail.com. There are at least 13,000, K-12 international schools teaching in English.

We offer opportunities, fun interaction, volunteer prospects, and continue to collect money for our scholarship program.

Respectfully Submitted, Nancy Porter, Past President



DAVENPORT AREA DARSPA NEWS

Our new co-presidents, Laurie Marple and Chrissy Hartman, are continuing to do a great job leading our monthly meetings. We meet at the Best Western Plus Steeplegate in Davenport on the second Tuesday of the month - 8 times a year. The number of members attending our luncheons varies from month to month, but we usually have between 75-95 members in attendance.

After our lunch and business meeting in November, we enjoyed a very informative and wonderful presentation on the artist Grant



Wood - presented by Carol Ehlers from the Figge Art Museum. Many of us discovered new facts we didn't know before!

We were happy to welcome Linda Miller, the IPERS District 6 coordinator, to our December meeting. She shared news from the state meeting, including IPERS data and investment information. Our volunteer hours chair, Linda Baustian, reported that our volunteer hours totaled 7,982 hours in the last 3 months (September, October and November).



We have such active members!!

Our entertainment for December was the Glenview Mariachi Band. It is so great to see young people involved with playing music.

Our meeting ended with our annual "white elephant" door prize give-away. It is always fun to see what surprise will be in the gift bag!

Submitted by Cheryl Sly - Secretary

District Meetings

May 2 - D-4 Council Bluffs, Pottawattamie County

May 3 - D-5 Jasper County

May 4 - D-6 Keosauqua, Van Buren County

May 16 - D-1 Estherville, Emmet County

May 17 - D-2 Charles City - Floyd County

May 18 - D-3 West Union, Fayette County

State Meeting and Convention

October 4th and 5th

Creston, Union County

Make reservations at Supertel Inn & Conference Center

PH: 641-782-7873

E-mail supertelinn800@gmail.com

IRSPA CONTACTS

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Little Swan Lake Winery



Little Swan Lake Winery is a family owned and operated business located 1-1/2 miles north of the small town of Superior in Northwest Iowa. In May of 2002 our doors opened to the public. The tasting room, our remodeled 1920's barn, features 35 different wines all produced on site, a selection of gourmet cheeses, and buffalo meat from our own herd which roams nearby. Our vineyard consists of two acres of northern cold hardy grapes. The gift shop features clothing and wine related items. We are dedicated to producing the finest and most enjoyable wines and invite you to spend an hour or an afternoon with us.

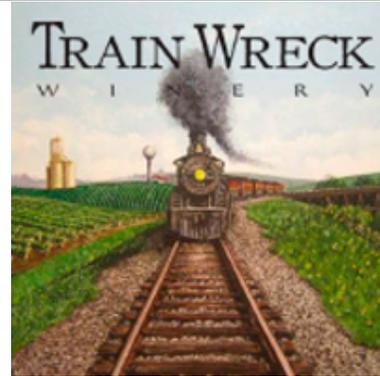
Our newest addition, our bed and breakfast, opened in September of 2011. This renovated grain elevator is a great place to relax and enjoy the beauty that is Little Swan Lake!

Scott and Diane Benjamin and Family



Little Swan Lake Winery offers a 10% discount on bottled wine to IRSPA members when you show your membership card or the ad from the newsletter. Offer good at the winery only.

[Lswinery.com](http://lswinery.com) • Phone: (712) 858 - 4592

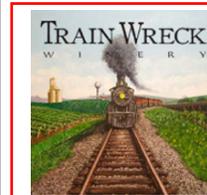


Train Wreck Winery is owned by Dallas Clark former Hawkeye All-American and NFL All-Pro tight end.

Open since December 20, 2011, Train Wreck is a small winery dedicated to producing quality wines served in a fun atmosphere. They make a variety of wines, from sweet to dry; red, white and blush. You are invited to stop by, try our wines and relax in our beautifully restored depot. The Train Wreck Winery is located in Algona, Iowa. Stop in and see the beautifully repurposed depot, learn the story of the train wreck and enjoy their many wonderful wines.

<http://www.trainwreckwinery.com>

(515) 395-3376



The Train Wreck Winery in Algona, Iowa, will offer a 10% discount on bottled wine when you show your IRSPA membership card or the ad from the IRSPA Newsletter. In-store only.

Hawkeye Buffalo & Cattle Ranch



<https://www.facebook.com/hawkeyebuffaloranch/>

Hawkeye Buffalo & Cattle Ranch is a family farm in northeast Iowa. Our heritage dates back to 1854 when my great-great-grandparents settled in a sod house just a mile from our farm. The bison have returned, and we invite you to connect with the land, our family, and our farm.

Tours include an informative lesson on the history of buffalo in Iowa and a chance to feed the buffalo. Tours are \$15 for adults and \$10 for children. With an IRSPA membership card or showing your copy of the IRSPA newsletter with the Hawkeye Buffalo advertisement, the **cost is \$10 for adults and \$5 for children**. Tours are set up on an as needed basis so you must call in advance to set up your tour. The Buffalo Ranch is southwest of Fredericksburg next to Split Rock Park and Campgrounds at 3034 Pembroke Ave. Visitors often get a chance to see other wildlife too - deer, sandhill cranes, hawks, songbirds, and occasionally eagles. Buffalo meat is also sold on location.

Check us out at Hawkeyebuffalo.com

Phone: 641-229-6701

Iowa Retired School Personnel Financial Report

Balance on Hand October 1, 2022	\$32,992.09						
Receipts	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	Total	Budget 2022-23	Budget Balance
Dues	\$19,669.88				\$19,669.88	69,000.00	\$49,330.12
Legislative Donations	\$30.00				\$30.00	1,200.00	\$1,170.00
AMBA Donation	\$2,500.00				\$2,500.00	2,500.00	\$0.00
Investment Money	\$0.00				\$0.00	17,000.00	\$17,000.00
Non Budget Receipts	\$0.00				\$0.00		
PH Scholarship	\$717.00				\$717.00		
Annual Meeting Meals	\$2,018.00				\$2,018.00		
Check error	\$40.00				\$40.00		
					\$0.00		
Total	\$24,974.88	\$0.00	\$0.00	\$0.00	\$24,974.88	\$89,700.00	\$67,500.12
Disbursements							
Annual Meeting	\$12,531.56				\$12,531.56	16,000.00	\$3,468.44
President's Expense	\$0.00				\$0.00	1,500.00	\$1,500.00
Officer's and Committee Expenses	\$1,822.26				\$1,822.26	8,500.00	\$6,677.74
Lobbyist	\$2,500.00				\$2,500.00	10,000.00	\$7,500.00
Newsletter	\$5,539.85				\$5,539.85	25,000.00	\$19,460.15
Legislative Committee	\$0.00				\$0.00	1,500.00	\$1,500.00
New Units & Membership Promotion	\$0.00				\$0.00	500.00	\$500.00
Treasurer's Bond	\$100.00				\$100.00	100.00	\$0.00
District / Planning Meetings	\$0.00				\$0.00	18,000.00	\$18,000.00
Executive Board Meetings	\$476.13				\$476.13	5,100.00	\$4,623.87
Gifts/Awards	\$0.00				\$0.00	400.00	\$400.00
Printing	\$0.00				\$0.00	2,000.00	\$2,000.00
Postage	\$0.00				\$0.00	1,100.00	\$1,100.00
Non Budget Expense							
Refund Local Dues	\$6.00				\$6.00		
Refund Credit Card Dues	\$70.00				\$70.00		
Refimd Ammia; Meeting	\$86.00				\$86.00		
NSF Check & Fee	\$20.99				\$20.99		
					\$0.00		
Total Disbursements	\$23,152.79	\$0.00	\$0.00	\$0.00	\$23,152.79	89,700.00	\$66,730.20
Check Balance end of quarter	\$34,814.18						

Investments

Money Market Account - Security National Bank- Sioux City \$ 68,706.85 (includes PH Scholarship \$3,381.00)
 Certificate of Deposit - Security National Bank - Sioux City \$52,493.86 .60% interest - matures 3/28/23
 Certificate of Deposit - Security National Bank - Sioux City - \$55,549.88 - .75% interest - matures 6/18/24
 Certificate of Deposit - Security National Bank - Sioux City - \$51,350.86 - .25% interest - matures 6/26/23

IRSPA Financial Report CHECKING ACCOUNT Oct. 1, 2022 to Dec 31, 2022	
Beginning Balance.....	\$32,992.09
Receipts.....	\$24,974.88
Disbursements.....	\$23,152.79
EndingBalance.....	\$34,814.18
MoneyMarketSavings.....	\$68,706.85
Investments.....	\$159,394.60



CONSIDER ADDITIONAL INSURANCE COVERAGE

As your life changes, consider some of these benefits and discounts from **IRSPA & AMBA**:

- Dental & Vision Plans
- Long Term Care & Home Health Care Insurance
- Medical Air Services Association (MASA)
- Cancer, Heart & Stroke, and Accident Insurances
- Medicare Solutions
- Final Expenses Whole Life & Guaranteed Acceptance Life Insurance
- Annuity
- Start Hearing, Inc.
- Hospital Stay Coverage
- Discounts on Travel, Dining & more

Learn More: **1-877-556-4582**

myambabenefits.info/irspa

IRSPA - Iowa Retired School Personnel Association

BENEFITS STILL FIT?





Beth Hieronymus -IRSPA Vice President



- Retired June 2021
- Professional Development Instructor for National Board Candidates, August 1999 – Present, Iowa State Education Association, Des Moines, IA
- Keynote Speaker - 2021, University of Iowa December Commencement
- Special Education Teacher and Instructional Coach, Iowa City and Cedar Rapids, IA; Monmouth and Avon, IL
- Co-Chair Signature Chefs Auction
- 2019, March of Dimes
- Director, State/District Outreach
- 2013-2015, National Board of Professional Teaching Standards

Dear AMBA,

I have a dear friend who suffered a heart attack over a year ago. They had Medicare which helped pay for most of his medical bills, but unfortunately for him, he has gone through a very difficult year of recovery and life changing events. He has gone through many doctor appointments and hospital stays. This has been going on for over a year. Between the gas, the parking, the overnight stays in the hotel, it has cost him thousands of dollars of his own money which his insurance or Medicare does not cover. Heart disease runs in my family and I am afraid that I would be financially devastated if anything like that were to happen to me. With this February being American Heart Awareness Month, I have been thinking a lot about this, lately. Is there something I can do to protect myself and give me peace of mind?

Thanks,
Worry Wart

Dear Worry Wart,

Your concerns are very real. Heart disease, strokes, and cancer may involve many related expenses such as: travel and lodging, second opinions, increased medication costs, experimental drugs and/or procedures, loss of savings, life-style changes, personal adjustments, and housing renovations.

I even had a niece who suffered a stroke and had to hire a nanny to look after her 3 children while she recovered. These are all things Medicare and insurance do not cover. It can really add up. Fortunately, we offer a lump sum critical illness policy. It is a flexible choice Cancer and/or Heart Attack and Stroke Insurance that can protect you from all the non-medical costs involved. That way you do not have to worry about your finances and can concentrate on the most important thing; getting well.

The plan covers you from \$5000 - \$75,000, is paid up front in one lump sum and is tax exempt (not treated like income). It also offers you a reoccurrence rider if you were to be diagnosed a second time for the same or different type of cancer or if you had another stroke or heart attack, which is very common. For more information about these or any other benefits available to our members please contact:

Paul Strid
AMBA Senior Benefits Representative
PH. 708-347-7081
email: paul.strid@amba.info

*Linda Miller,
nominating
committee
chairperson,
inducted Beth
Hieronymus as the
new IRSPA Vice
President at the
August Executive
Board Meeting.*



Newsletter Deadline

Please e-mail articles & pictures if at all possible to avoid retyping.

*Articles for the June
Newsletter are due no later than
Friday, May 12, 2023*



*Get info to Toni Hood, at
E-mail: tonihood@q.com
Home Telephone: 515-332-5819
Cell Phone: 515-269-3823*

Newsletter

Iowa Retired School Personnel Association

3221 Cheyenne Blvd.
Sioux City, IA 51104

PRSRT STD
U.S. POSTAGE PAID
Rockwell City, Iowa 50579
Permit #145

WE REMEMBER

<u>Name</u>	<u>City</u>	<u>Unit</u>
Barnes, Margaret	Davenport, IA	Davenport Area Unit
Cameren, Robert	Burlington, IA	Des Moines County Unit
Clark, Louise	LeClair, IA	Davenport Area Unit
Hagemeier, Suzanne	Harlingen, TX	Des Moines County Unit
Hyslop, Mary	Davenport, IA	Davenport Area Unit
Johns, Ella	League City, TX	Davenport Area Unit
Kessler, John	Davenport, IA	Davenport Area Unit
Meyers, Larry	Burlington, IA	Des Moines County Unit
Stukenholtz, Ann	Council Bluffs, IA	Council Bluffs Area Unit
Whisler, Florence	Eldridge, IA	Davenport Area Unit
Wright, Lee	Iowa Valls, IA	Hardin County Unit



PLEASE NOTE: Send relevant notices, change of address, and/or subscription cancellations to rmswanson1936@gmail.com

LEGISLATIVE FUND

Contributions to the Iowa Retired School Personnel Association legislative fund for the improvement of retirement benefits are being accepted for the current year (Oct. to Oct.) Please make your contributions as generous as possible.

\$5.00 _____ \$10.00 _____ \$15.00 _____ Other _____

Name _____

Street Address _____

City _____

State _____ Zip _____

If Member of Local Unit _____

Unit Name _____

County _____

MAIL EITHER FORM TO:

Robert Swanson, IRSPA Treas. • 3221 Cheyenne Blvd.,
Sioux City, IA 51104 • Make Checks payable to IRSPA

MEMBERSHIP APPLICATION

Iowa Retired School Personnel Association

Name _____
Last First M.I.

Street Address _____

City _____

State _____ Zip _____

If Member of Local Unit _____

Unit Name _____

County _____

Annual Dues: \$15 • LIFE MEMBERSHIP: \$300